determine whether the watch-type mobile terminal is worn by a user;

generate a control command based on a specific type of touch input when the watch-type mobile terminal is not worn.

10. The watch-type mobile terminal of claim **9**, wherein the specific type of touch input is at least one of a long touch input or a touch input sequentially applied to a preset region.

11. The watch-type mobile terminal of claim **9**, further comprising a display,

wherein the controller is further configured to:

cause the display to output an indicator to one region corresponding to the sensor unit; and

cause the display to change an appearance of the indicator or to stop the outputting of the indicator when light reflected from skin of the user is sensed by the light receiving portion.

12. The watch-type mobile terminal of claim **1**, further comprising a display,

wherein the controller is further configured to execute a specific function based on a pressure value of a touch input applied to the display such that a first function is executed when the pressure value of the touch input applied to the display is within a first range of values and a second function is executed when the pressure value of the touch input applied to the display is within a second range of values.

13. The watch-type mobile terminal of claim **12**, wherein the controller is further configured to cause the display to output more information as the pressure value of the touch input applied to the display increases.

14. The watch-type mobile terminal of claim **1**, further comprising a display, wherein the controller is further configured to:

cause the display to output an icon corresponding to a specific function; and

execute the specific function when a touch input applied to the icon has a pressure value that is equal to or greater than a reference value,

wherein the specific function is not executed when the touch input applied to the icon has a pressure value that is less than the reference value.

15. The watch-type mobile terminal of claim **14**, wherein the controller is further configured to execute the specific function in response to the touch input that has the pressure value that is less than the reference value when the icon includes visual information that allows the execution of the specific function regardless of the pressure value of the touch input.

16. The watch-type mobile terminal of claim **1**, further comprising a display, wherein the controller is further configured to:

cause the display to output an icon for receiving a touch input for executing a specific application;

execute the specific application and cause the display to output an execution screen associated with the execution of the specific application in response to a first touch input applied to the icon when the first touch input has a pressure value that is less than a reference value; and

activate a preset driving mode and cause the display to output a graphic image corresponding to an additional function associated with the specific application in response to a second touch input applied to the icon when the second touch input has a pressure value that is equal to or greater than the reference value.

17. A method for controlling a wearable watch-type mobile terminal, the method comprising:

emitting light of first intensity at first time intervals via a light emitting portion of the terminal;

emitting light of second intensity at second time intervals occurring between the first time intervals;

calculating a pressure value of a touch applied to a terminal body of the watch-type mobile terminal based on an amount of light incident on a light receiving portion of the watch-type mobile terminal; and

generating a specific control command based on the pressure value.

18. The method of claim **17**, further comprising:

determining whether the watch-type mobile terminal is worn on a wrist of a user;

setting information about a skin color of the user; and

controlling the second intensity and an output duration of the light of the second intensity based on the information about the user's skin color.

19. The method of claim **17**, further comprising generating a control command based on an specific type of touch input received by the terminal when the watch-type mobile terminal is not worn by a user.

20. The method of claim **17**, further comprising executing a function based on a pressure value of a touch input applied to a display of the watch-type mobile terminal such that a first function is executed when the pressure vale is less than a reference value and a second function is executed when the pressure value is equal to or greater than the reference value.

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